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|  | **SPECIFICATION I am woman, I am strong, I am mom** |  |

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| 1. **GENERAL INFORMATION**
 |
| **Date of the verification** | 29/12/2022 |
| **Trade name of the product**  | I am woman, I am strong, I am mom |
| **Legal description of the product** | Herbal blend |
| **Brand** | BBODY  |
| **Address - company** | BBODY BV Bethaniëlei 352970 Schilde Belgium  |
| **Contact - company** | Melissa Samatmelissa@bbody.euN° : 0032 489 86 38 16Melanie Samat melanie@bbody.euN° : 0032 486 18 41 91 |

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| 1. **PRODUCT PROPERTIES**
 |
| **2.1 INGREDIENTS**  |
| **ENG** | **FR** | **NL** |
| Aniseed Fennel seed Caraway seed Thyme Marjoram | Graines d'anis Graines de fenouil Graines de carvi Thym Marjolaine | AnijszaadVenkelzaadKarwijzaadTijmMarjolein |
| **Disclaimer who should be on the packaging:/** |
|  |
| **2.2 NUTRITIONAL COMPOSITION** |
|  | **Per 100g** |
| **Energy / énergie / energie (kJ)** | 797 |
| **Energy / énergie / energie (kcal)** | 193 |
| **Fat/Matières grasses/Vetten (g) of which saturates /dont acides gras saturés/ waarvan onverzadigde vetzuren (g)**  | 8.40.3 |
| **Carbohydrate / glucides / koolhydraten (g)of which sugars /dont sucres /waarvan suikers (g)**  | 8.70.6 |
| **Protein / protéines / eiwitten(g)** | 9.1 |
| **Salt / sel / zout (g)**  | 0.08 |

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| **2.3 ALLERGENS** |
| **Allergens** | **Present as ingredient (yes/no)** |
| **Cereals containing gluten namely: wheat (such as spelt and khorasan wheat), rye, barley, oats or their hybridised strains)**  | No |
| **Crustaceans (prawns, crabs, lobsters)**  | No |
| **Molluscs(mussels and oysters)**  | No |
| Eggs :  | No |
| Fish :  | No |
| Peanuts :  | No |
| Soybeans :  | No |
| Milk (including lactose) : | No |
| **Nuts (almonds, hazelnuts, cashew, pecan, Brazil nuts, macadamia, Queensland nuts, pistachios):**  | No |
| **Celery :**  | no |
| **Mustard :**  | No |
| **Sesame seeds :**  | No |
| **Lupin :**  | No |
| **Sulphur dioxide and sulphites> 10mg/kg or 10 mg/l (expressed in SO2) :**  | No |

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| 1. **INSTRUCTION FOR USE / PREPARATION**
 |
| 1 tsp of herbs with 250ml hot watersoak for 3 – 5 minutes  |
| 1. **MODE & DURATION OF SUSTAINABILITY**
 |
| Store in a closed container/pouch in a dark, dry, and cool place |
| **Minimum shelf-life after delivery**  | 2 years |
| **Shelf life after opening**  | 2 years  |
| **Shelf life indicated with:**  | Day/month/year  |