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|  | **SPECIFICATION I am woman, I am strong, I am mom** |  |

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| 1. **GENERAL INFORMATION** | |
| **Date of the verification** | 29/12/2022 |
| **Trade name of the product** | I am woman, I am strong, I am mom |
| **Legal description of the product** | Herbal blend |
| **Brand** | BBODY |
| **Address - company** | BBODY BV  Bethaniëlei 35 2970 Schilde  Belgium |
| **Contact - company** | Melissa Samat [melissa@bbody.eu](mailto:melissa@bbody.eu) N° : 0032 489 86 38 16  Melanie Samat  [melanie@bbody.eu](mailto:melanie@bbody.eu) N° : 0032 486 18 41 91 |

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| 1. **PRODUCT PROPERTIES** | | |
| **2.1 INGREDIENTS** | | |
| **ENG** | **FR** | **NL** |
| Aniseed  Fennel seed  Caraway seed  Thyme  Marjoram | Graines d'anis  Graines de fenouil  Graines de carvi  Thym  Marjolaine | Anijszaad Venkelzaad Karwijzaad Tijm Marjolein |
| **Disclaimer who should be on the packaging: /** | | |
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| **2.2 NUTRITIONAL COMPOSITION** | | |
|  | **Per 100g** | |
| **Energy / énergie / energie (kJ)** | 797 | |
| **Energy / énergie / energie (kcal)** | 193 | |
| **Fat/Matières grasses/Vetten (g)  of which saturates /dont acides gras saturés/ waarvan onverzadigde vetzuren (g)** | 8.4  0.3 | |
| **Carbohydrate / glucides / koolhydraten (g) of which sugars /dont sucres /waarvan suikers (g)** | 8.7  0.6 | |
| **Protein / protéines / eiwitten (g)** | 9.1 | |
| **Salt / sel / zout (g)** | 0.08 | |

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| **2.3 ALLERGENS** | |
| **Allergens** | **Present as ingredient  (yes/no)** |
| **Cereals containing gluten namely: wheat (such as spelt and khorasan wheat), rye, barley, oats or their hybridised strains)** | No |
| **Crustaceans (prawns, crabs, lobsters)** | No |
| **Molluscs (mussels and oysters)** | No |
| Eggs : | No |
| Fish : | No |
| Peanuts : | No |
| Soybeans : | No |
| Milk  (including lactose) : | No |
| **Nuts (almonds, hazelnuts, cashew, pecan, Brazil nuts, macadamia, Queensland nuts, pistachios):** | No |
| **Celery :** | no |
| **Mustard :** | No |
| **Sesame seeds :** | No |
| **Lupin :** | No |
| **Sulphur dioxide and sulphites > 10mg/kg or 10 mg/l (expressed in SO2) :** | No |

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| 1. **INSTRUCTION FOR USE / PREPARATION** | |
| 1 tsp of herbs with 250ml hot water soak for 3 – 5 minutes | |
| 1. **MODE & DURATION OF SUSTAINABILITY** | |
| Store in a closed container/pouch in a dark, dry, and cool place | |
| **Minimum shelf-life after delivery** | 2 years |
| **Shelf life after opening** | 2 years |
| **Shelf life indicated with:** | Day/month/year |